

**1**

1 x blue swab in plastic clear tube

1 x clear plastic bag

Request form

Polythene envelope labelled urgent NVRL

Contents

**2**

2 mins

Remove blue swab from packet. Rub the blue swab along the gum line for 2 minutes.

**3**

**4**

Place wet swab back inside the clear tube and replace the cap. Write patient's name, DOB and today's date on it.

**5**

Place the tube inside the clear bag. Push out air and seal.

**6**

Check and complete the request form. Place the request form and the bag in the envelope.

**7**

Return to courier or healthcare professional.